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Core Content in Urgent Care Medicine

Continuing Medical Education On-Line Program

Core Content in Urgent Care Medicine

Program Highlights

Pediatrics

A. Risk Management

1. **Supracondylar Humerus Fx**
2. **Limp (Slipped Capital Epiphysis / Septic Arthritis)**
3. **Orthopedic Pitfalls / Occult Fractures**
4. **Stable vs. Unstable Illness and Injury**
5. **Abuse**
6. **SBI (Serious Bacterial Infection)**
7. **Irritable Infant**
8. **Abnormal vitals by age**
9. **Retropharyngeal Abscess**
10. **Impending Respiratory Failure**
11. **Pediatric Red Flags / When to refer / When to transfer**

B. Pearls

1. **Pediatric Pain**
2. **Peds Trauma Pearls**
3. **Ingestions**
4. **Salter Harris Classifications**
5. **Abdominal Pain**
6. **Respiratory**
7. **Vomiting / Diarrhea**
8. **Fever**
9. **Rashes**
10. **ENT / Foreign Bodies**

Orthopedics

C. Risk Management

1. **Stable vs Unstable Defined for ALL injuries**

2. Referral / Disposition Rules
3. Compartment Syndrome
4. Monteggia Injury
5. Galeazzi Fracture
6. Lisfranc Injury
7. Jones Fx
8. Maisonneuve Fx
9. High Pressure Injection Injury
10. Tendon Lacerations
11. Scaphoid fx's

D. Orthopedic Pearls

1. Injections
2. Splinting Pearls
3. Red Flags
4. Dislocations
5. Functional Anatomy Pearls
6. Exam Pearls
7. Hand / Upper Extremity
8. Knee / Ankle / Foot
9. Pelvis / Hip

Trauma

E. Risk Management

1. Burn Center Referral Guidelines
2. CT Head and C-Spine Rules
3. Abuse / Pediatric Issues

4. Electrical Burns / Chemical Burns
5. Facial Fractures / Trauma
6. Red Flags

F. Trauma Pearls

1. Body Surface Area Rules / Guides
2. Burn Depth Classification
3. Dressings
4. Laceration Pearls: Layers, Lines and Angles
5. Wound Healing Pearls
6. Pain Control Pearls
7. Anesthesia Pearls / Blocks
8. Suturing Pearls (Tension / Bevels / Flaps / Corners)
9. Suturing Pearls (Eyelids / Brows / Ears / Nose / Lips/ Tongue)
10. Adhesives
11. Le Fort Classification
12. Head Injury Grading
13. Concussion Rules
14. Head Injury Red Flags

Derm / Allergy

G. Risk Management

1. Anaphylaxis
2. Dermatologic Manifestations of Serious Systemic Disease

H. Pearls

1. Infections (Getting them right)
2. Infestations and bites

3. **Differentiating Generalized Dermatoses**
4. **Contact Dermatitis (Pitfalls / Proper Tx / Proper Guidance)**
5. **Urticaria / Angioedema (Proper Tx / Proper Guidance)**
6. **Office Mgmt of Anaphylaxis**

ENT / Eye / Neuro

I. Risk Management

1. **Ludwig's Angina**
2. **Cavernous Venous Thrombosis**
3. **Sycope Red Flags**
4. **Dizzyness Red Flags**
5. **Red Flag Headaches**
6. **Eye Injury Red Flags**
7. **Retinal Detachment**
8. **Acute Glaucoma**
9. **Orbital Cellulitis**
10. **Ocular Burns**
11. **CVA / TIA**

J. Pearls

1. **Oral Infections**
2. **Dental Trauma Pearls**
3. **Oral Neoplasms**

4. ENT Abscesses
5. ENT Infections / Complications
6. Auricular Hematomas
7. Epistaxis Pearls
8. Foreign Body Removal
9. Corneal Abrasions / Ulcers

GI / GU

K. Risk Management

1. Appendicitis
2. Ischemic Bowel
3. AAA
4. Testicular Torsion
5. Ectopic
6. C. Diff Colitis

L. Pearls

1. PID / DUB / STD / Vaginitis
2. Testicular Infections / Conditions
3. Kidney Stones
4. Hemorrhoid Pearls
5. Ano-Rectal Abscess Pearls and Pitfalls
6. Abdominal Pain Pearls

7. Constipation Pearls
8. Vomiting / Diarrhea Pearls
9. UTI Pearls

Cardiovascular / Pulmonary

M. Risk Management

1. ACS
2. Aortic Dissection
3. PE
4. Threatening Arrhythmias
5. What not to miss and how not to miss it

N. Pearls

1. Chest Pain Pearls (Relative Risk / Probability / Needle in the Haystack)
2. CHF / HTN Pearls
3. Arrhythmia Diagnosis and Management for Urgent Care
4. EKG Pearls
5. Disposition management
6. Asthma / COPD Pearls
7. Dyspnea Pearls
8. Respiratory Infections

Occupational Medicine / Customer Service

O. Risk Management

1. **Back Pain Red Flags**
2. **Medico-Legal Aspects of Occ Med**
3. **Managing the Difficult Patient**

P. Pearls

1. **ADA / DOT Pearls and Guidelines**
2. **Stay at Work / Return to Work**
3. **"WRUEDS" Pearls**
4. **ACOEM Guidelines**
5. **Back Pain Pearls**
6. **Customer Service Pearls**
7. **Challenging Patient Pearls**